

BIKE I

Code: KS-FS-006



Physical



Cardio



Strenght

Description

The Bike I is popular outdoor gym equipment which offers a great cardio workout. Develops thigh muscles, calves and abdomen. Improves the functioning of the cardiopulmonary system. What sets us apart from others is that the seat and backrest are covered by polyurethane foam (PU system). As a result users never have a feeling of hot touch during very sunny days, or cold during frost. The key point of this version is to provide everyone with optimal comfort for exercise.

To do the exercise sit down on the seat, grab the handle with your hands, and place your feet on the steps. Start to press on the steps as if you were pedalling Keep your back upright.

Product details

- Dimensions (LxWxH): 0,93 x 0,50 x 1,32 m
- Safety zone: 3,93 x 3,50 m
- The number of anchors: 1
- Compatibility with norm EN 16630 is confirmed with the certificate
- Available in two versions: Comfort and Standard
- Can be painted in any colour from the RAL palette

Materials

- Construction is made of powder painted steel and protected against corrosion.
- Steps are made of aluminium.
- Handles are made of pipe ended with rounded decorative elements and profiled to ensure ergonomics and user safety.
- Construction is welded and has no plastic ends except for bearing connections where it is possible to

maintain/repair.

- The device is mounted on a supporting pole, that is attached to the ground by the flange.
- The flange is screwed with M16 screws into anchor fixed in the concrete. Anchoring nuts are secured against unscrewing.

Differences in dimensions no more than $\pm 5\%$ are acceptable.

All images are for illustration purpose only and may vary from the actual product.

